

33 SPRAY BOTTLE USES

(Note: Best to put only a small amount in the spray bottle and use it up...or drink it...within 7days.)

(Chuck Gates: “The big thing to understand with the spray bottle...the reason people are seeing such great results is this: you’re actually getting the product right to the problem. When we drink it, it has to go through the body to get to those areas. But when you’re spraying it...whether it’s acne, a bruise, cut or a burn...you’re getting the communication right to the damaged cells. They’re saying, “You’re damaged, and you need to be repaired or...you’re totaled, you need to be replaced.”)

Non-toxic, anti-bacterial, anti-fungal, anti-microbial, anti-inflammatory...so can spray away...

1. Underarms as a deodorant.
2. Eyes – Spa treatment...for a soothing, refreshing eye bath! Also, gets the “red” out. Spray in eyes or use an eye dropper, then close eyes for a few seconds. Has been known to improve eyesight.
3. Lungs - Spray in face and mouth while inhaling
4. As a sanitizer [Dr. Foster Malmed sprays it on his hands between patients.]
5. Cuts, scrapes, enhanced healing of surgical sites or newly-acquired tattoos.
6. Burns; for pain, faster healing and less scarring. For severe burns on the hands, immerse the whole area until the pain is tolerable.
7. Acne
8. Bumps and bruises
9. Skin conditions of all kinds...repeat ALL kinds; rashes, boils, dryness.
10. Age spots, moles, warts, lesions, skin tags, scar tissue
11. Mosquito and other insect bites
12. Sunburn...even bad burns that have blistered
13. Face and eyes as an antihistamine for reactions to pollens and grasses. Inhale while misting on face.
14. Nosebleed
15. Hiccups
16. Eyesight – many have experienced improved eyesight through taking internally and also spraying in eyes at least twice a day (eye dropper is very useful here).
17. For Men—as an Aftershave
18. For Men and Women—to improve texture and quality of the skin—can be used as a refreshing skin spa mist in a bottle or applied liberally as a “facial in a bottle”.
19. Muscle soreness and pain
20. Joint pain and soreness
21. Headaches, spray in the mouth and the head and neck area
22. To lessen the effects of a detox program
[Dr. Gary Samuelson says when a “healing crisis” occurs, spraying regularly in the mouth several times throughout the day will offset some of the symptoms]
23. Age spots, moles, warts, lesions
24. Altitude sickness
25. Recovery from Jet Lag
26. Ears
27. Tight muscles [Some Massage Therapists have clients drink 2 oz. before their massage and spray those tight, ‘knotted’ areas]
28. Mouth; for tooth, dental pain and mouth sores.
29. As a gargle
30. Teething
31. Poison ivy/poison oak
32. Diaper rash
33. Thinning hair